

# Building a Career Starting Today

For JFK High School

by 



# About Me



Eda S. Chen  
Owner / President of Elan Advising  
Certified Life and Career Coach  
Strong Interest Inventory® Practitioner

# Activity

Choose 3-5 sticky notes that you vibe with the most.

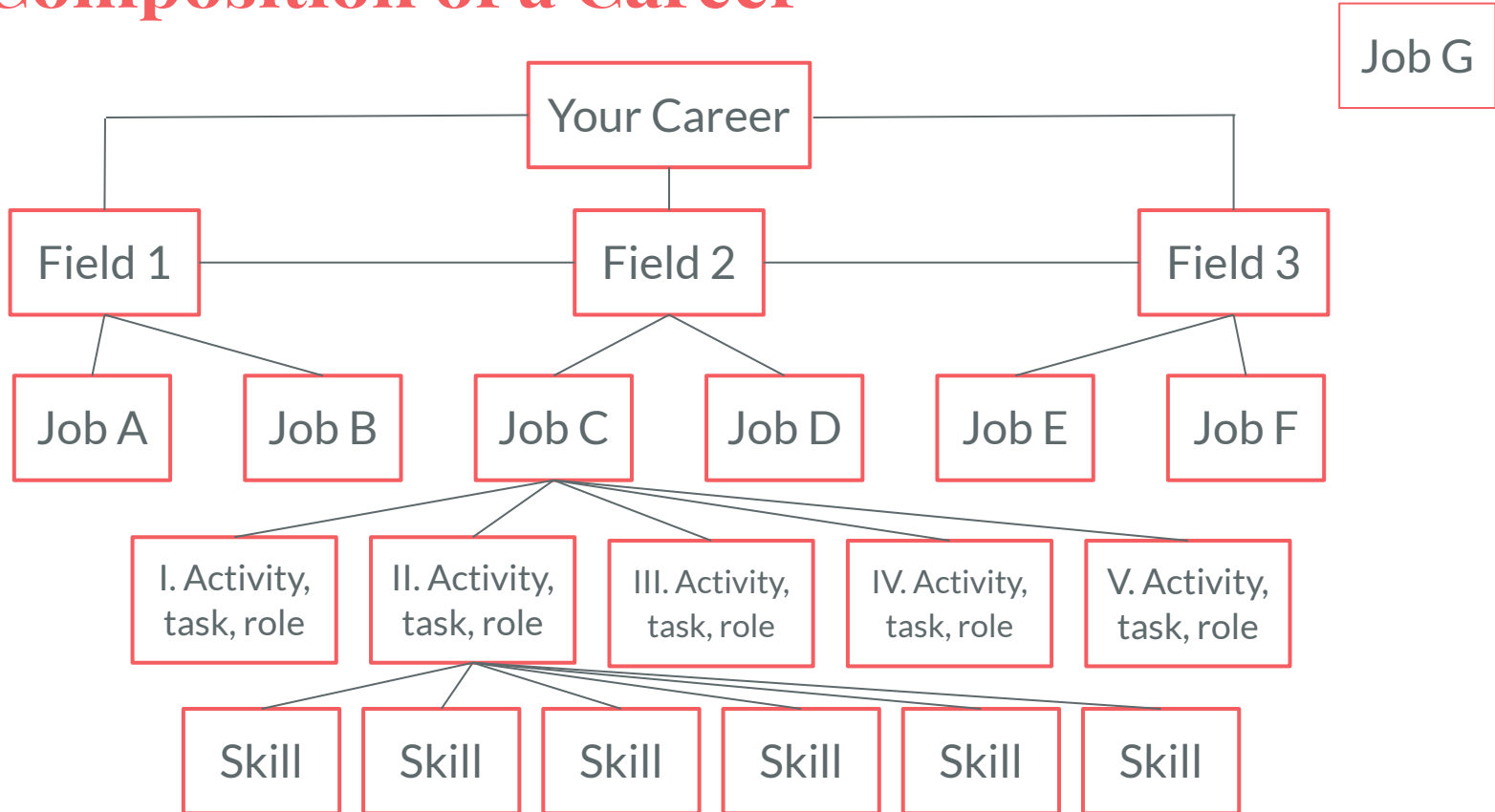
# Strong Interest Inventory® Assessment



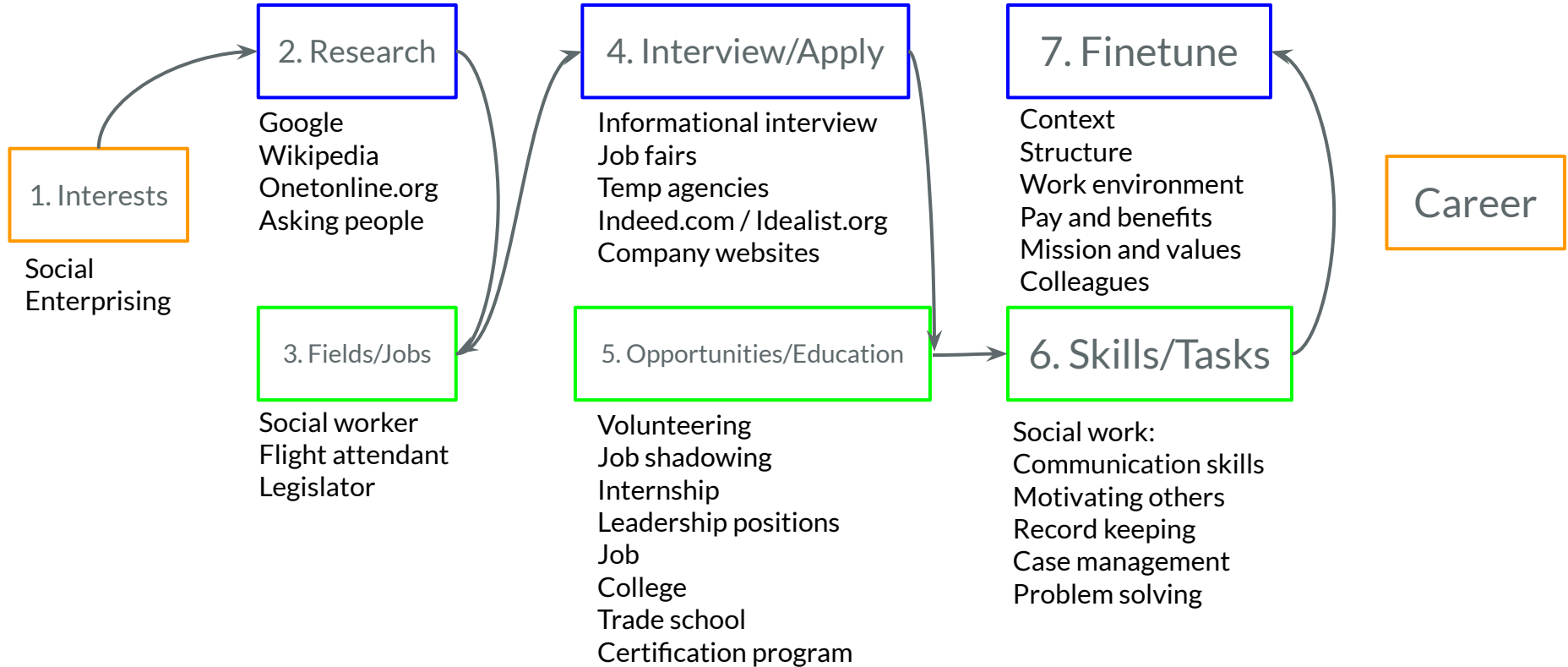
RIS Firefighter  
RIA Electrician  
R Automobile Mechanic  
IAS Psychologist  
IRA Veterinarian  
IAR Physician  
ASE Attorney  
AE Public Relations Director  
ARI Architect  
SE School Counselor  
SI Registered Nurse  
SEA Bartender  
EAS Marketing Manager  
E Top Executive  
E Realtor  
CS Administrative Assistant  
CE Paralegal  
CI Computer Programmer

**What's the difference between a job and a career?  
Why can building a career be important?**

# The Composition of a Career



# Build a Career



# Step 2: Research

O\*net Online

<https://www.onetonline.org>

Roadtrip Nation

<https://www.roadtripnation.com>

Career Village

<https://www.careervillage.org>

College Magazine

<https://www.collegemagazine.com>

*What Color is Your Parachute?*

Richard N. Bolles



# Tips

- Use your senior year of high school to begin researching careers!
- Keep your ongoing career or major research in one place, like a Google Doc
- Keep a spreadsheet of people you network with and connect with them every so often, even when you don't need something
- Have a “master resume” where you keep notes on every job, internship, award

Questions?

# Keep in touch!

Eda S. Chen

[eda@elanadvising.com](mailto:eda@elanadvising.com)

530-750-9066 (call or text)

[www.elanadvising.com](http://www.elanadvising.com)

Enter your info on website for a chance to win a \$50 gift card. Plus, get updates on upcoming free workshops and discounts for working with Eda.

